

SPORT, PHYSICAL ACTIVITY AND RECREATION IN THE COMMUNITY CERTIFICATE (SPARC)

Degree Requirements

Effective Summer 2022: The SPARC Cohort consists of the following Professional Development and University Courses: the PD courses are required, and two of three university courses make up the core, with an elective chosen from a list of introductory and/or experiential learning courses.

Course	Title	Hours
Non-Credit Professional Development Courses - Required (120 hours)		
PHED 0110	Safety in the Community	5
PHED 0120	Activity and Program Planning	8
PHED 0130	Living Mino-Pimatisiwin	8
FKRM University Credit Courses (117 hours)		
PHED 3770	Indigenous Games and Activities	3
REC 3770	Indigenous Perspectives on Land-Based Education	3
FKRM Elective (see lists below):		
Experiential Learning Courses (ELC)		
PHED 2710	Human Movement Principles	3
PHED 2742	Group Fitness and Leadership	3
PHED 3122	Developmental Games and Activities	3
PHED 3722	Coaching Theory and Practice	3
PHED 3760	Diverse Populations Mentorship	3
REC 2130	Introduction to Outdoor and Land-Based Recreation	3
Theory (TH) and On-line (OL) Courses		
KPER 1200	Physical Activity, Health and Wellness	3
KPER 2200	Planning Principles	3
REC 4770	Indigenous Recreation and Well-Being	3

Note: Undergraduate course descriptions can be found here (<https://catalog.umanitoba.ca/undergraduate-studies/kinesiology-recreation-management/#coursestext>).

Students seeking the credential must pass all three non-credit PD courses and achieve a minimum Grade Point Average of 2.0 for the three KRM university courses to graduate with the SPARC Certificate. Students may repeat a course in order to achieve the minimum requirements for the certificate.

This program normally takes a minimum of 12 months to complete. Students will have up to 4 years from the initial start date (first term of enrolment) to complete the program. Note: Northern/rural cohorts may have a more condensed delivery format (e.g., 6 months), depending on resources and needs of the community.