

# RECREATION STUDIES (REC)

## REC 2100 Introduction to Leisure Travel 3 cr

To provide an introduction to tourist behaviour and the tourism system through an overview of: why people travel; the components of tourism; the scope and organization of tourism in Canada; and the interrelationship between recreation and tourism. May not be held with the former PERS 1300 or the former REC 1200.

**Equiv To:** PERS 1300, REC 1200

**Attributes:** Recommended Intro Courses

## REC 2130 Introduction to Outdoor and Land-Based Recreation 3 cr

This course examines human relationships to the outdoors. Through the exploration of historical and contemporary philosophies and theories about the outdoors, the course will introduce Indigenous ways of knowing and being in relation to the multiple conceptualizations of outdoor recreation, environmental education and outdoor experiential education. Special attention will be given to issues of social and environmental justice within outdoor practices within Canadian and global contexts.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**  
Prerequisite: One of KPER 1400 (or the former PERS 1400, or the former REC 1400), NATV 1000, NATV 1200, NATV 1220, NATV 1240, or permission of instructor.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**  
Prerequisite: One of KPER 1400 (or the former PERS 1400, or the former REC 1400), NATV 1000, NATV 1200, NATV 1220, NATV 1240, or permission of instructor.

## REC 2150 Introduction to Therapeutic Recreation 3 cr

An examination of the current principles of therapeutic recreation in relation to their practical application to individuals in clinical settings such as nursing homes, hospitals and other long-term care facilities. May not be held with the former REC 4150.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**  
Prerequisite: KPER 1400 (or the former PERS 1400 or the former REC 1400).

**Equiv To:** REC 4150

## REC 2170 Introduction to Sport Management 3 cr

This course provides an introduction to sport management focusing primarily on North American sport. This course gives students an introduction to basic management functions and how they relate to sport management at the community, interscholastic, intercollegiate and professional levels. May not be held with the former REC 4170.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**  
Prerequisite: KPER 1400 (or the former PERS 1400 or the former REC 1400).

**Equiv To:** REC 4170

## REC 2400 Management and Marketing of Leisure Services 3 cr

Basic management, and marketing principles and practices and their applicability to delivery of leisure services. Topics include financial resources, budgeting, people-centred management, and marketing.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**  
Prerequisite: KPER 1400 (or the former PERS 1400 or the former REC 1400).

## REC 2650 The Social Aspects of Aging 3 cr

An examination of the social aspects of aging, including cultural norms, socio-economic factors and historical events. Emphasis on understanding the aging process as a life transition involving adaptation through interaction with social, psychological, emotional, spiritual and environmental determinants. This is an Option in Aging course and may not be held for credit with FMLY 2650, (the former HMEC 2650, SWRK 2650, or SWRK 2651). Equiv To: FMLY 2650, HMEC 2650, IDES 2650, SWRK 2650, SWRK 2651

**Equiv To:** FMLY 2650, HMEC 2650, IDES 2650, SWRK 2650, SWRK 2651

## REC 3072 Community Development Principles 3 cr

An introduction to community development principles and the role recreation and leisure play in developing healthy and vibrant communities. This course emphasizes connections between community, recreation, and leisure.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisites: KPER 2200 (or the former PERS 2200 or the former PHED 3080), or the former REC 2530.

## REC 3090 Sustainable Nature-Based Tourism 3 cr

Analysis of the growth and development of sustain-able nature-based tourism as a global and regional phenomenon. Particular emphasis will be placed upon the fundamental principles of sustainability, natural resource and visitor management for recreation, and the role of outdoor recreation and education in Sustainable Tourism Planning and Management. Note: A fieldwork fee is attached to the course.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: [KPER 1400 (or the former PERS 1400 or the former REC 1400)] and [REC 2100 (or the former PERS 1300 or the former REC 1200)].

## REC 3170 Sport and Development in Community 3 cr

An examination of the multiple uses of sport across communities for the purposes of development broadly defined. Emphasis is placed on exploring both theoretical and practical aspects of development in the leisure, sport and physical activity experiences of a multitude of communities at the local and national levels. This course aims to unpack, explore and describe the diverse lived experiences with sport, physical activity and leisure.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisites: REC 2170 or the former REC 4170.

## REC 3180 Social Psychology of Leisure 3 cr

This course explores the leisure behaviour of individuals in social contexts and examines current social psychological thinking about leisure experiences. Application of leisure behaviour concepts, theories and research in the delivery of leisure programs and services will be emphasized.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisites: PSYC 1200, or (PSYC 1211 and PSYC 1221) or permission on instructor.

## REC 3220 Program Planning and Evaluation 3 cr

(Lab required) Consideration and application of program planning principles as they relate to specialized contexts and diverse populations. Foundations of interpersonal communication for effective and successful program implementation with emphasis on program evaluation. May not be held with the former REC 3200, the former REC 2540 or the former REC 3870.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: KPER 2200 (or the former PERS 2200).

**Equiv To:** REC 3200

**Mutually Exclusive:** REC 2540, REC 3870

## REC 3310 Cultural Tourism 3 cr

This course will provide students with an understanding of various stakeholder perspectives related to visiting and operating cultural tourism attractions. The following topics will be discussed: tourists' motivations and experiences, cultural resource managers' perspectives on tourism, tourism industry leaders' viewpoint on cultural resources and the relationship between cultural producers and consumers.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 2100 (or the former PERS 1300 or the former REC 1200).

**Mutually Exclusive:** PERS 4200

**REC 3400 Advanced Marketing of Leisure Services 3 cr**

This course integrates the theory and practice of marketing leisure services. Strategies for marketing services and experiences within private, public sector and not-for-profit recreation agency programs and services are examined.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 2400 or equivalent, or permission of instructor.

**REC 3770 Indigenous Perspectives on Land-Based Education 3 cr**

This course explores the history and potential of Indigenous land-based education within the Winnipeg metropolitan region and surrounding areas. Three facets of Indigenous land-based education will be emphasized: nature, culture, and history. Course content and experiential learning activities will examine First Nations and Métis perspectives on the unique history, culture, and natural environment of the area, including the University of Manitoba wetlands, forested, and agricultural lands.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: One of REC 2130, NATV 1000, NATV 1200, NATV 1220, NATV 1240, or permission of instructor.

**REC 3850 The Planning of Recreation Areas and Facilities 3 cr**

The process used to plan both recreational open spaces and facilities. Special consideration is given to the role of the recreation professional in relationship to other planners.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 3220 or the former REC 3200.

**REC 4060 Person Centred Leisure Education 3 cr**

A detailed examination of person-centred leisure education with an emphasis on both theoretical and practice models and their application to the recreation service delivery system.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisites: KPER 3100 (or the former PERS 3100, or the former REC 3060, or the former PHED 3390).

**REC 4072 Advanced Community Development 3 cr**

This course examines the nature of community and the unique role that leisure service organizations play in the complex process of community development. May not be held with the former REC 4070.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 3072.

**Equiv To:** REC 4070

**REC 4120 Recreational Travel and Tourism 3 cr**

The purpose of this course is to provide students with a better understanding of the travel and tourism industry through an examination of its history, service systems and issues.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 2100 (or the former PERS 1300 or the former REC 1200).

**REC 4250 Leisure and Aging 3 cr**

The nature of the aging process and its impact on leisure behaviour. The factors influencing leisure among older adults, policy issues, and program and service methods and implications will be examined. May not be held with the former REC 4130.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisites: KPER 3100 (or the former PERS 3100, or the former REC 3060, or the former PHED 3390) or REC/SWRK/HMEC 2650 or permission of instructor.

**Equiv To:** REC 4130

**REC 4350 Parks and Protected Areas Planning and Management: Field Studies 6 cr**

The course is taught in two segments, an on-campus component and field study component taking place in Banff National Park. The on-campus component examines the historical development of the concept of parks and protected areas, the role of interpretation, management and research in the parks and emerging issues in the management of parks and protected areas. In addition, during the on-campus component planning for the field will take place. The field segment will focus on a wide variety of management issues with particular attention to Banff National Park. Emerging issues and trends will be examined and past management responses evaluated. There will be opportunities for students to investigate specific management issues of interest to them and to participate in current research being conducted in the park. Offered with GEOG 4350.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: Written permission of the instructor required.

**Equiv To:** GEOG 4350

**REC 4400 Special Event Management 3 cr**

This course examines the theory and practice of special event management. Students will engage in a multi-disciplinary exploration of concepts and issues unique to special event contexts. Students will be given the opportunity to apply knowledge gained. May not be held for credit with the former REC 4310.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 2400

**Equiv To:** REC 4310

**REC 4720 Wilderness Adventures 1-3 cr**

Student will learn how to plan and participate in one or more wilderness adventure activities such as canoe tripping, sailing, kayaking, climbing, winter camping, etc. Students will also concentrate on conducting these activities safely with clients. It is hoped that this experience will positively affect future life sport and recreation activities. May not be held for credit with KIN 4720 or PHED 4720. A fieldwork fee is attached to the course.

**Equiv To:** KIN 4720, PHED 4720

**REC 4770 Indigenous Recreation and Well-Being 3 cr**

This course examines historical and contemporary Indigenous perspectives of well-being. Indigenous responses to the political landscape of health and well-being will be examined through community and grassroots movements, physical cultural practices, and physical, emotional, mental and spiritual ways of knowing.

**PR/CR: A minimum grade of C is required unless otherwise indicated.**

Prerequisite: REC 2130 or permission of instructor.