

# HUMAN NUTRITION AND METABOLISM MINOR

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## Minor Requirements

Students may obtain a minor in Human Nutrition and Metabolism (18 credit hours) by completing the following courses:

Course	Title	Hours
HNSC 1200	Food: Facts and Fallacies	3
HNSC 1210	Nutrition for Health and Changing Lifestyles	3
HNSC 2140	Basic Principles of Human Nutrition	3
HNSC 3300	Vitamins and Minerals in Human Health	3
HNSC 3310	Macronutrients and Human Health	3
HNSC 4120	Senior Thesis	3
or HNSC 4540	Functional Foods and Nutraceuticals	
<b>Total Hours</b>		<b>18</b>

Prerequisites for required courses may result in more than 18 credit hours.