

# HEALTH AND WELLNESS

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At the University of Manitoba, we understand the health and wellness issues that students face. We are committed to helping students overcome these challenges by providing supports to ensure their success.

**Campus Address/General Office:** 469 University Centre

**Phone:** 204-295-9032

**Website:** [umanitoba.ca/student/health-wellness](http://umanitoba.ca/student/health-wellness) (<http://umanitoba.ca/student/health-wellness/>)